

بنام خدا

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• در حال حاضر: مدیر گروه تغذیه، مسئول بسیج اساتید جامعه پزشکی، نایب رئیس شورای دانشگاه، دبیر هیات

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فرهنگی دانشگاه، عضو مرکز تحقیقات بیماریهای غیر واگیر دانشگاه

• سوابق قبلی: قائم مقام معاون آموزشی دانشگاه، عضو و دبیر هیات اجرایی جذب هیات علمی دانشگاه

✓ برگزاری، دبیر علمی و سخنرانی در بیش از ۳۰ سمینار و کنفرانس علمی در دانشگاه از سال ۱۳۷۵ تاکنون

✓ استاد نمونه دانشگاه: سال ۸۵ و ۹۱ و ۱۴۰۱

✓ پژوهشگر برتر دانشگاه: سال ۸۲ و ۸۵ و ۱۴۰۰

✓ دارای بیش از ۷۰ مقاله در مجلات داخلی و خارجی، **H-Index 17**

✓ چندین طرح تحقیقاتی مشترک با مرکز غدد و متابولیسم شهید بهشتی

✓ همکاری با معاونت غذا و داروی دانشگاه (برگزاری دوره بازآموزی برای داروسازان و دوره آموزشی برای

کارشناسان حوزه معاونت غذا و داروی دانشگاه)

✓ استاد راهنما/مشاور در بیش از ۴۰ پایان نامه دکتری عمومی گروه پزشکی و کارشناسی ارشد

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- ✓ داوری / نظارت بر بیش از ۵۰ فعالیت پژوهشی در دانشگاه
- ✓ چندین دوره طراح سوال آزمون های جامع منطقه ای و درون دانشگاهی
- ✓ داور مجلات بین المللی از جمله BMC

خلاصه فعالیتهای آموزشی - پژوهشی دکتر مریم جوادی

CV

الف) اطلاعات شخصی

نام	مریم
نام خانوادگی	جوادی
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سوابق شغلی

ردیف	محل خدمت	سمت	تاریخ شروع	تاریخ پایان
۱	دانشگاه علوم پزشکی قزوین	مسول دفتر برنامه ریزی و ارزشیابی	۱۳۷۳	۱۳۸۰
۲	دانشگاه علوم پزشکی قزوین	مسئولیت اداره آموزش دانشکده پزشکی	۱۳۷۵	۱۳۸۰
۳	دانشگاه علوم پزشکی قزوین	قائم مقام معاونت آموزشی دانشکده پزشکی	۱۳۷۶	۱۳۸۰
۴	مرکز توسعه و آموزش پزشکی دانشگاه علوم پزشکی قزوین	قائم مقام مدیر گروه پزشکی اجتماعی دانشکده پزشکی	۱۳۷۷	۱۳۸۵
۵	دانشگاه علوم پزشکی قزوین	مسئول کمیته ارزشیابی مرکز توسعه آموزش پزشکی دانشگاه	۱۳۷۸	۱۳۸۰
۶	دانشگاه علوم پزشکی قزوین	مسول اداره آموزش دانشکده پزشکی	۱۳۸۴	۱۳۸۵
۷	دانشگاه علوم پزشکی قزوین	عضو کمیته فنی استانی صدور پروانه	۱۳۸۵	تا ۱۳۸۷
۸	دانشگاه علوم پزشکی قزوین	قائم مقام معاونت آموزشی دانشگاه	۱۳۹۱	تا ۱۳۹۴
۹	دانشگاه علوم پزشکی قزوین	سرپرست گروه تغذیه بالینی معاونت بهداشتی استان قزوین	۱۳۹۲	تا کنون
۱۰	دبیر هیات جرائی جذب هیات علمی دانشگاه	دانشگاه علوم پزشکی قزوین	۱۴۰۰	تاکنون
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ردیف	نام درس	رشته تحصیلی دانشجویان
۱	سمینار	ارشد علوم بهداشتی در تغذیه
۲	بررسی و ارزیابی تغذیه جامعه	ارشد علوم بهداشتی در تغذیه
۳	آموزش تغذیه در سطح جامعه	ارشد علوم بهداشتی در تغذیه
۴	ایمنی غذا	ارشد علوم بهداشتی در تغذیه
۵	آموزش و مشاوره تغذیه	ارشد علوم بهداشتی در تغذیه
۶	اپیدمیولوژی تغذیه	ارشد علوم بهداشتی در تغذیه
۷	اپیدمیولوژی ارزیابی خطر	ارشد بهداشت و ایمنی غذا
۸	بهداشت و ایمنی مواد غذایی در شرایط اضطراری	ارشد بهداشت و ایمنی غذا
۹	سمینار	ارشد بهداشت و ایمنی غذا
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۱۳	کارآموزی بهداشت	پزشکی
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۱۸	تغذیه کاربردی	بهداشت عمومی
۱۹	بیوشیمی تغذیه	بهداشت حرفه ای
۲۰	تغذیه ورزشی در بیمارستان	مدیریت
۲۱	تغذیه و بهداشت دهان و دندان	دندانپزشکی
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۲۳	بهداشت و تغذیه مادر و کودک	مامائی

کسب رتبه آموزشی / پژوهشی

ردیف	عنوان	محل	سال
۱	پژوهشگر نمونه	دانشکده پزشکی - دانشگاه علوم پزشکی قزوین	۱۳۸۲
۲	پژوهشگر نمونه	دانشکده پزشکی - دانشگاه علوم پزشکی قزوین	۱۳۸۵
۳	پژوهشگر نمونه	دانشکده بهداشت - دانشگاه علوم پزشکی قزوین	۱۴۰۰
۴	استاد نمونه	دانشکده پزشکی - دانشگاه علوم پزشکی قزوین	۱۳۸۵
۵	استاد نمونه	دانشکده بهداشت - دانشگاه علوم پزشکی قزوین	۱۳۹۱
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۱	ارزیابی نتایج آزمون جامع علوم پایه
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۳	بررسی تاثیرمکمل روی بر رشد قدی دانش آموزان مدارس شهر قزوین
۴	بررسی نظرات دانشجویان علوم پایه، فیزیوپاتولوژی و کارآموزی نسبت به آینده شغلی
۵	بررسی آگاهی، عملکرد و نگرش بیماران دیابتی نسبت به بیماری دیابت در مراجعین به کلینیک تخصصی بوعلی سینا
۶	تاثیر دگزامتازون و رژیم غذایی پرپروتئین بر متابولیسم ازت در بیماران ضربه مغزی
۷	بررسی نظرات اساتید دانشگاه علوم پزشکی قزوین درباره ارزشیابی
۸	بررسی اثر نمک و رژیم غذایی نمک سود بر تعیین جنسیت در موش
۹	Sleep habits of Iranian pre-school children in an urban area: Late sleeping and sleep debt in children
۱۰	Fertility of Hydatid Cysts and Viability of Protoscoleces in Slaughtered Animals in Qazvin, Iran
۱۱	Nutritional Status Assessment of Minodar Residence in Qazvin City, Iran: Vitamin D Deficiency in Sunshine Country, a Public Health Issue

A randomized double-blind clinical trial investigating the effects of ellagic acid on glycemic status, liver enzymes, and oxidative stress in patients with non-alcoholic fatty ...	BMC Complementary Medicine and Therapies	2025
Insulin Resistance in Patients with Rheumatoid Arthritis According to HOMA-IR	Journal of Inflammatory Diseases	2025
Association between sleep quality and premenstrual syndrome in young women in a cross-sectional study	Scientific Reports	2025
Erratum: Correction: The relationship between fear of COVID-19 and food choice motives in the Iranian population (PloS one (2024) 19 8 DOI:	PloS one	2025
Anticancer Properties of Saccharomyces boulardii Metabolite Against Colon Cancer Cells	Probiotics and Antimicrobial Proteins	2024
Correlation Between Anxiety Levels and Body Composition Among Female Students in Qazvin University of Medical Sciences	Iranian biomedical journal	2024
Maternal dietary diversity and its association with infant birth weight: a healthcare centre based cross-sectional study	Discover Public Health	2024
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Association between Maternal Hemoglobin, other Maternal Attributes and Neonatal Birth Weight: A Case-control Study	Current Pediatric Reviews	2023
The Effect of the Alcoholic Extract of Black Cumin (Nigella Sativa) on Stone Size in Patients with Oxalate Calcium Kidney Stones	Journal of Isfahan Medical School	2022
The Relationship between Antioxidants Consumption and Insulin Resistance/Insulin Sensitivity in Type 2 Diabetes without and with Coronary Stenosis: A Case-Control Study	Journal of Nutrition and Food Security	2022
Prevalence of G6PD deficiency in Iranian neonates with jaundice: a systematic review and meta-analysis	Journal of Maternal Fetal and Neonatal Medicine	2022
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Changes in lipid profile, liver enzymes and inflammatory factors following oral supplementation with propolis in patients with type 2 diabetes	Clinical Diabetology	2022
Relation of dietary insulin index and dietary insulin load to metabolic syndrome depending on the lifestyle factors: Tehran lipid and glucose study	Diabetology & Metabolic Syndrome	2022

The effect of intensive educational intervention based on the trans theoretical model on improving self-care and blood sugar control behaviors in the elderly with type 2 diabetes	Journal of Sabzevar University of Medical Sciences	2022
Nutritional Support for Rehabilitation of Survived COVID-19 Patients: A Review	International Journal of Nutrition Sciences	2021
Determinants of sleep habits in toddlers: Application of planned behavior theory	International Journal of Risk & Safety in Medicine	2021
The effect of daily fast food consumption, family size, weight-caused stress, and sleep quality on eating disorder risk in teenagers	,Sleep and Breathing 1-7	2021
Prevalence of G6PD deficiency in Iranian neonates with jaundice: a systematic review and meta-analysis	The Journal of Maternal-Fetal ,& Neonatal Medicine 1-8	2021
Probiotic <i>Saccharomyces cerevisiae</i> var. <i>boulardii</i> supernatant inhibits survivin gene expression and induces apoptosis in human gastric cancer cells	Food Science & Nutrition	2021
The Association Between the Incidence of Acne Vulgaris and Lifestyle Factors Including Dietary Habits, Physical Activity, and Bathing Frequency	Journal of Skin and Stem Cell	2020
The Association of Food Insecurity, Inflammation, and Several Socioeconomic Factors with Type 2 Diabetes: A Case-Control Study	Journal of Nutrition and Food Security	2020
The effects of probiotic supplementation on antioxidant status in type 2 diabetic patients: A double-blind randomized clinical trial		2020
Sleep Quality of the College Students Based on Their Nutrition and Internet Usage: A Web-Based Cross-Sectional Study	Journal of Nutrition and Food Security	2020
The Association of Sleep Quality with Dietary Intake and Rate of General and Central Obesity among Young Female Students in Qazvin City, Iran	Journal of Nutrition and Food Security	2020
The effect of probiotic supplementation on glycemic control and lipid profile in patients with type 2 diabetes: A randomized placebo controlled trial	Diabetes & Metabolic Syndrome: Clinical Research & Reviews	2019
Propolis supplementation improves glycemic and antioxidant status in patients with type 2 diabetes: A randomized, double-blind, placebo-controlled study	Complementary therapies in medicine	2019
Effect of curcumin nanomicelle on the clinical symptoms of patients with rheumatoid arthritis: A randomized, double-blind, controlled trial	International journal of rheumatic diseases	2019
Effectiveness of cognitive-behavioral therapy on nutrition improvement and weight of overweight and obese adolescents: a randomized controlled trial	Diabetes & Metabolic Syndrome: Clinical Research & Reviews	2019
Association of nuts and unhealthy snacks with subclinical atherosclerosis among children and adolescents with overweight and obesity	Nutrition & metabolism	2019

Prevalence of sleep problems and its relation to sleeping habits in toddlers	Asian Pacific Journal of Environment and Cancer	2019
Sleep Quality and Blood Lipid Composition Among Patients with Diabetes	International journal of endocrinology and metabolism 17 (3)	2019
Association between dietary intakes of tea, coffee, and soft drinks in patients undergoing coronary angiography with coronary artery stenosis	International journal of preventive medicine 10	2019
Association of Healthy and Unhealthy Snack Consumption with Subclinical Atherosclerosis among Children and Adolescents with Overweight and Obesity	IRANIAN JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM)	2019
Relationships between maternal characteristics and infant birth weight	International journal of health care quality assurance	2019
Associations of Eating Disorder with Sleep Status and Anthropometric Measurements in Female Adolescents in Zanjan, Iran	Journal of Human Environment and Health Promotion	2019
Eating disorder risk, sleep status, and anthropometric indices among teenage female students	Social Health and Behavior	2019
Relationship between risk of eating disorders, nutrition-related risk factors and anthropometric indices in primary high school girl students, Zanjan, 2017	qazvin university of medical sciences	2019
The Relationship Between Food Insecurity, C-Reactive Protein and Some Socio-Economic Variables in Type 2 Diabetes	The Journal of Qazvin University of Medical Sciences	2019
ASSOCIATION OF SLEEP PATTERNS WITH OBJECTIVE MEASURES IN IRANIAN CHILDREN: A CROSS-SECTIONAL STUDY	SLEEP MEDICINE	2019
Curcumin nanomicelle improves semen parameters, oxidative stress, inflammatory biomarkers, and reproductive hormones in infertile men: A randomized clinical trial	Phytotherapy Research	2018
A review on antioxidants and their health effects	Journal of Nutrition and Food Security	2018
Effect of Carob (<i>Ceratonia siliqua</i> L.) oral supplementation on changes of semen parameters, oxidative stress, inflammatory biomarkers and reproductive hormones in infertile men	Sci J Kurdistan Univ Med Sci	2018
Comparison of dietary patterns during pregnancy in the mothers of the infants with low birth weight and normal weight	The Iranian Journal of Obstetrics, Gynecology and Infertility	2018
Effect of propolis oral supplements on sperm parameters and oxidative stress indicator in idiopathic infertile men: a double-blind randomized clinical trial	The Iranian Journal of Obstetrics, Gynecology and Infertility	2018
Relationship between BMI, maternal health promoting lifestyle and demographic variables among Schoolchildren in Qazvin, 2014	Journal of Pediatric Nursing 4 (2), 44-50	2017
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overweight and obese Iranian adolescents: A case control study		
The Relationship between family's lifestyle with sleep habits and BMI among children 6 to 11 years old in Qazvin city (2014)	Journal of Inflammatory Disease 21 (4), 44-38	2017
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Prevalence of depression and anxiety and their association with body mass index among high school students in Qazvin, Iran, 2013–2014	Electronic physician 9 (6), 4655	2017
Breakfast and fast food eating behavior in relation to socio-demographic differences among school adolescents in Sanandaj Province, Iran	Electronic physician 9 (6), 4510	2017
The Relationship between Happiness with Blood Pressure and Blood Sugar Levels in Adult Patients with Type 2 Diabetes	Journal of Sabzevar University of Medical Sciences 24 (1), 35-41	2017
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The status of Smoking habit, Caffeine Intake and Body Mass Index in infertile and healthy women aged 25-40 years	The Iranian Journal of Obstetrics, Gynecology and Infertility 20 (1), 10-14	2017
Predicting factors associated with healthy eating nutritional behavior at primary school students in Tehran: An application of the health action process approach (HAPA)	IRANIAN JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM) 19 (4), 252-260	2017
Association of sleep disturbances with TV and satellite watching and video games playing in 14-17 years old high school students of Qazvin	The Journal of Qazvin University of Medical Sciences 21 (2), 31-40	2017
The predictors of healthy eating behavior among pregnant women: An application of the theory of planned behavior	International Journal of Pediatrics 5 (10), 5897-5905	2017
Eating breakfast, fruit and vegetable intake and their relation with happiness in college students	Eating and weight disorders- studies on anorexia, bulimia and obesity 21 (4 ...	2016
Relationship between Food Security with Sugar Level and Blood Pressure in Diabetes Type 2 in Tehran	Electronic physician 8 (12), 3398	2016
Assessment of Food Security Status with lipid profile and body mass index in patients with type 2 diabetes	Journal of Biology and Today's World 5 (9), 169-172	2016
Study of Correlation between food security, combined with glucose and boold lipids in type II diabetic over 25 years of diabetes center in southern and eastern	Qazvin university of medical science, Qazvin, Iran	2016
Temperament and its correlation with nutrition status, sleep duration, BMI	Qazvin University of Medical Sciences	2016
The effect of key characteristics of the title and morphological features of published articles on their citation rates	Annals of Library and Information Studies (ALIS) 63 (1), 74-77	2016

Factors influencing the propensity of adolescents to consume fast foods	Journal of Health System Research 12 (1), 64-69	2016
Relationship between sleep duration and blood sugar levels in patients with type 2 diabetes	Journal of Sabzevar University of Medical Sciences 23 (1), 103-109	2016
Probiotics as beneficial agents in the management of diabetes mellitus: a systematic review	Diabetes/metabolism research and reviews 32 (2), 143-168	2016
Viewpoints of Patients in Qazvin towards Complementary and Alternative Medicine	BIOTECHNOLOGY AND HEALTH SCIENCES 3 (1), 1-6	2016
An overview on the effects of sodium benzoate as a preservative in food products	Biotechnology and Health Sciences 3 (3), 7-11	2016
Happiness among college students: a cross-sectional web-based study among iranian medical students	Biotechnology and Health Sciences 3 (2)	2016
Reliability and validity of short food frequency questionnaire among pregnant females	Biotechnology and health sciences 3 (2)	2016
Assessment of Food Security Status with lipid profile and body mass index in patients with type 2 diabetes	J Biol Today's World 5 (9), 169-172	2016
Association of sleep quality with watching TV, computer games and caffeine intake in adolescents of Minoodar district, Qazvin	Journal of Inflammatory Disease 19 (5), 44-38	2015
Prevalence of metabolic syndrome and insulin resistance in children and adolescent of Qazvin, Iran	The Malaysian journal of medical sciences: MJMS 22 (6), 32	2015
Knowledge, attitude and practice of general practitioners toward complementary and alternative medicine: a cross-sectional study	Acta Medica Iranica, 501-506	2015
Lipid Disorders and their Relationship with Anthropometric Indices in Adolescents	Journal of Sabzevar University of Medical Sciences 22 (4), 676-684	2015
The relationship between family health promoting lifestyle and sleep habits in children 6 to 11 years old	Journal of Mazandaran University of Medical Sciences 25 (127), 92-99	2015
Role of Probiotics in Glycemic Controls and Body Weight in Type 2 Diabetes: A Systematic of Human and Animal Studies	Iranian Journal of Endocrinology and Metabolism 17 (1), 63-87	2015
The relationship between diet group and composition of blood lipids in adolescents	Journal of Mazandaran University of Medical Sciences 25 (125), 139-142	2015
Evaluation of blood lipids status and its association with body mass index of adolescents in Qazvin	Journal of Advances in Medical and Biomedical Research 23 (98), 122-131	2015
The correlation between major dietary patterns, Physical activity and blood fat composition in children and teenagers of Minoodar neighborhood of the city of Gazvin, Iran	Qazvin university of Medical Sciences	2015
Exercise-induced oxidative stress and dietary antioxidants	Asian journal of sports medicine 6 (1)	2015
Epidemiology of vitamin D deficiency among 10-18 years old population of Minoodar district, Qazvin (2010)	Journal of Inflammatory Disease 18 (6), 24-32 2015	2015

Study of not eating breakfast and some related demographic factors in 14-18 years old adolescents of Sanandaj in 2013	J Neyshabur Univ Med Sci 2 (5), 57-64	2015
Study of not eating breakfast and some related demographic factors in 14-18 years old adolescents of Sanandaj in 2013		2015
ررسی مقایسه ای دریافت غذایی، فعالیت بدنی و وزن زنان نابارور با زنان سالم ۲۵-۴۰ ساله.	Iranian Journal of Obstetrics, Gynecology and Infertility	2015
Comparison of Food intake, physical activity and weight in infertile and healthy women aged 25-40 years	The Iranian Journal of Obstetrics, Gynecology and Infertility 18 (173), 32-40	2015
Sleep problems among pre-school children in Qazvin, Iran	The Malaysian journal of medical sciences: MJMS 21 (6), 52	2014
Reliability and validity of a questionnaire to measure temperament Jebeli	Journal of Islamic and Iranian Traditional Medicine 5 (1), 34-40	2014
An overview of importance of breastfeeding	Journal of Comprehensive Pediatrics 5 (2)	2014
Effect of nutrition training and exercise training alone and together on body weight of overweight women referred to health centers in Qazvin	Journal of Inflammatory Disease 17 (6), 39-46	2014
Sleep habits and dietary intake among preschool children in Qazvin	Journal of Comprehensive Pediatrics 5 (1)	2014
PREVALENCE OF DYSLIPIDEMIA AMONG ADOLESCENTS IN THE CITY OF QAZVIN	NUTRITION AND FOOD SCIENCES RESEARCH 1 (1), 150-150	2014
Preparation of Preproinsulin Gene Construct Containing the Metallothionein2A (pBINDMTChIns) and Its Expression in NIH3T3 Cell Line and Muscle Tissue of Alloxan Diabetic Rabbits	AVICENNA JOURNAL OF MEDICAL BIOCHEMISTRY 2 (2), 0-0	2014
Impact of prangos ferulacea on some microbial, physicochemical and sensory properties of probiotic low fat yogurt containing lactobacillus casei	JOURNAL OF HEALTH SCIENCES AND SURVEILLANCE SYSTEM 2 (4), 158-163	2014
A Review on healthy life style in Iranian Medicine	Journal of Islamic and Iranian Traditional Medicine 4 (2), 121-131	2013
Assessment of the effects of protein malnutrition on cerebellar purkinje cells in adult rats	Thrita 2 (3), 6-9	2013
SLEEP DURATION AND DIETARY INTAKE AMONG PRESCHOOL CHILDREN	IRANIAN JOURNAL OF PEDIATRICS 23 (1), 24-24	2013